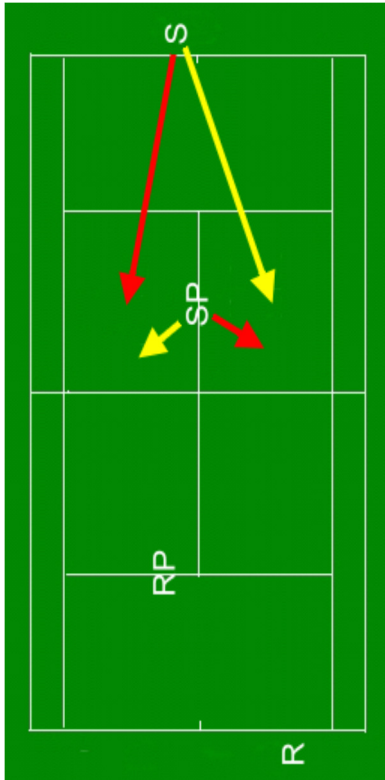
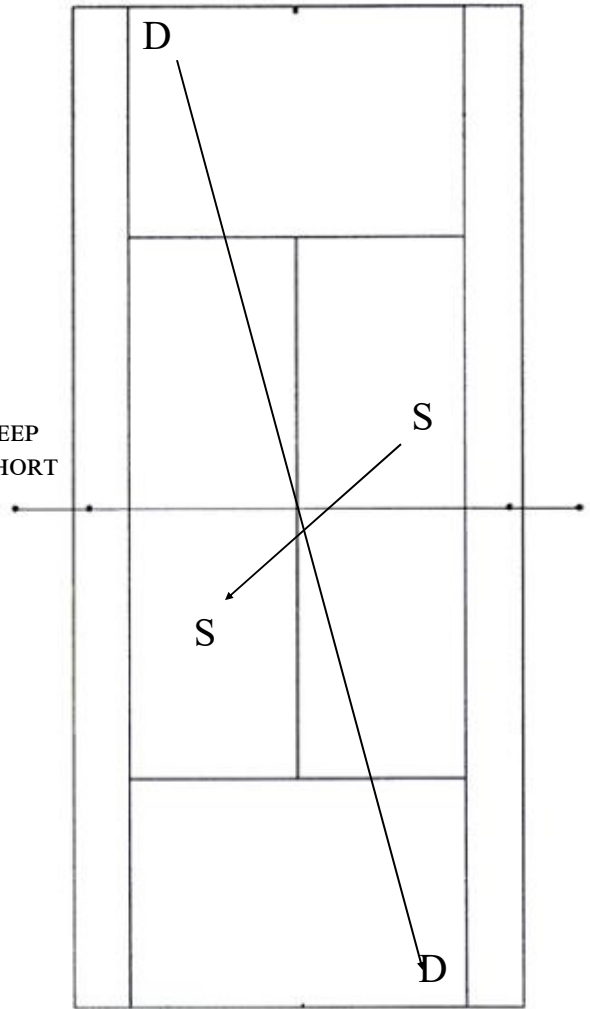


TRAINING THEME DOUBLES

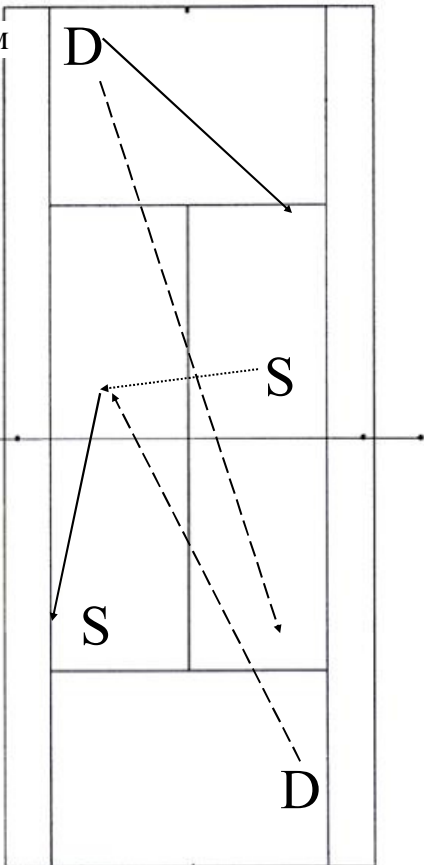
“T”
FORMATION



DEEP TO DEEP
SHORT TO SHORT



SERVING TEAM



POACH
SWITCH

LOB OVER
VOLLEYER

